



# **Relationship Matters** – Reducing Parental **Conflict and Domestic Abuse Spectrum**

#### Respectful, equal and co-operative

- All relationships have tricky moments, it is how they are experienced and resolved that matters.
- Children are experiencing constructive resolution of any arguments, characterised by mutual respect and emotional control.

#### Mostly respectful, equal and co-operative but experiencing difficulties

- Conflict is frequent, can be intense and poorly resolved.
- Lack of open and honest communication, difficulties are minimised, not recognised or addressed.
- Children are beginning to be affected by conflict between their parents

#### **Conflictual and non-communicative**

### Frequent Abuse, which may include physical violence

- behaviour may be affected

## Frequent and Intense abuse, which may include physical harm, fear of violence/death

#### **Children with** additional needs

use Reducing Parental Conflict ~ Action:

and complex needs with targeted and co-ordinated support

Universal – "Family are meeting their children's needs with support from universal services" met and thrive:

 Aspire and achieve • Safe and secure • Happy and healthy Resilient and ready

Universal Plus -"Family who can meet their children's needs with some additional support usually in the short term"

Children with acute needs including these in need of protection

Children with multiple

and complex needs

afeguarding – "Family need

multi-agency response

including specialist

children's social care"

If you are not sure, consider a DASH risk assessment and contact the Domestic Abuse Hub on 01302 737080.

• Conflict is frequent, intense and poorly resolved. • Fear maybe present, with one or both parents. Whilst there may not always be physical violence, parents are emotionally unavailable to their partner and children. There is a lack of consistency in parenting, feeling isolated and a toxic atmosphere. Children are being adversely affected

• Abuse is frequent and may include physical violence. Fear is present, with one or both parents. Day to day unresolved and unresolvable conflicts. Children being adversely affected, children may show signs of distress and their mental health/

• Abuse is frequent and intense. Non-abusive parent lives in fear. Abusive parent maintains control over the family environment. Where physical violence is a factor, this will result in physical harm.

• Clear risk of significant harm to non-abusive parent

 Children being significantly adversley affected; children's mental health and /or behaviour may be affected. Children at risk of significant harm.